

# Substance Use and Mental Health Care Providers and Related Resources



**Monroe County Health Department  
119 W. 7<sup>th</sup> Street  
Bloomington, IN 47404  
812-349-2543**

*The Mission of the Monroe County Health Dept.  
is to protect, promote and improve the health of  
all people in Monroe County.*

## **MONROE COUNTY**

### **ALCOHOLICS ANONYMOUS AREA 23; DISTRICT 10**

*Phone: (812) 360-0040*

*Email: [chrisa@area23aa.org](mailto:chrisa@area23aa.org)*

*<http://dist10.area23aa.org/>*

Daily meetings at different locations around Monroe County.  
Meeting schedule available on website.

### **AMETHYST HOUSE**

*645 N. Walnut St., Bloomington, IN*

*Phone: (812) 336-3570*

*Email: [amethyst@amethysthouse.org](mailto:amethyst@amethysthouse.org)*

*[www.amethysthouse.org](http://www.amethysthouse.org)*

*9a-5:30p M-Th; 9a-4p F; closed Saturday and Sunday*

Residential transitional housing program for women and men.  
Preferential admission for pregnant women and IV drug users.

Outpatient services include assessments, early intervention programming, individual counseling, family counseling, case management and groups.

All program fees based on a sliding scale if participant's insurance is not accepted. As an abstinence based program, potential clients need to be abstinent for a minimum of two weeks before receiving services. Detox services are not provided.

## BLOOMINGTON MEADOWS HOSPITAL

3600 North Prow Road, Bloomington, IN 47404

Phone: (812) 331-8000

<http://www.bloomingtonmeadows.com/index.shtml>

Bloomington Meadows operates a 24/7 access department to support you or a loved one at any time. Adolescent alcohol and drug education is available in addition to adult detoxification and counseling with a licensed substance abuse counselor.

## CELEBRATE RECOVERY

State Representative for Central and Southern Indiana: John O.

Phone: (317) 340-1776

Email: [jo-po@sbcglobal.net](mailto:jo-po@sbcglobal.net)

<http://www.celebraterecoveryindiana.org/>

Celebrate Recovery is a 12 Step Recovery program based on the Bible. For more information, visit the website or contact the regional representative in your area.

## CENTERSTONE

645 South Rogers Street, Bloomington, IN

Phone: (812) 339-1691

<https://centerstone.org/our-services/services-directory?topic=5&state=11&age=8>

8a-5p M-F; closed Saturday & Sunday

Outpatient services provided include: 12 step facilitation therapy, relapse prevention groups, 12 & 24 week Living Sober group, Substance Abuse Education Group (SAEG), Intensive Outpatient Programming, and individual therapy.

## CLEAN SLATE

### *Clean Slate*

502 W 2nd St Suite A, Bloomington, IN 47403

Phone: (833) 505-4673

Website: <https://cleanslatecenters.com/location/bloomington-in/>

9a – 5p M, T, Th; 9-8 W, 9-2 F

Clean Slate offers medication assisted therapy for opioid, alcohol and other drug addictions in an appointment-based outpatient setting. Most insurances are accepted, including Medicaid and Medicare.

## GROUPS: RECOVER TOGETHER

4633 West Richland Plaza Drive, Suite G, Bloomington, IN

New Members Phone: (800) 683-8313 or text 'recovery' to

313131; Current Members: (812) 287-9823

[info@joinGroups.com](mailto:info@joinGroups.com)

<http://joiningroups.com/get-help/#thereisaway>

Groups is a community of physicians, counselors and recovering opiate users whom you can rely on for affordable and convenient help. The treatment community provides medication (Suboxone) and weekly therapy sessions with other people recovering from opiates. A variety of commercial insurance plans are accepted, and for those without insurance, there is a discounted private pay fee.

## INDIANA CENTER FOR RECOVERY

*1004 W. 1<sup>st</sup> Street, Bloomington, IN  
Phone: (812) 822-2510*

*Email: [info@treatmentindiana.com](mailto:info@treatmentindiana.com)  
<http://www.treatmentindiana.com/>*

Outpatient residential program utilizing a variety of therapeutic modalities including CBT, DBT, trauma therapy, motivational interviewing, mindfulness, family therapy, biofeedback, expressive therapy, art therapy, psychodrama, eye movement desensitization and reprocessing (EMDR), cinema therapy, equine therapy, 12 step and alternatives, relapse prevention programming. After completion of the program, Indiana Center for Recovery provides aftercare programming.

## INDIANA UNIVERSITY BLOOMINGTON COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

*600 North Jordan Avenue, Bloomington, IN 47405  
Phone: (812)855-5711*

*Email: [capsinfo@indiana.edu](mailto:capsinfo@indiana.edu)  
<http://healthcenter.indiana.edu/counseling/index.shtml>*

*8am-4:30pm daily*

CAPS provides evaluation and counseling services for IU students on the IUB campus. Groups for students who desire to get and/or remain sober are available throughout the year.

INDIANA UNIVERSITY BLOOMINGTON OFFICE OF ALTERNATIVE  
SCREENING AND INTERVENTION SERVICES (OASIS)

*Eigenmann Hall West, 726 West  
1900 E 10<sup>th</sup> Street, Bloomington, IN 47506  
Phone: (812)856-3898  
Email: [oasis@indiana.edu](mailto:oasis@indiana.edu)  
<https://studentaffairs.indiana.edu/oasis/>*

Counseling, resource identification and support are provided to all Indiana University students across the substance use spectrum.

LIMESTONE HEALTH (an entity of Sycamore Springs)

*Limestone Health  
100 South Liberty Drive, Bloomington, IN 47403  
Phone: 812-727-6700  
Fax is 812-727-6701  
Email: [tamarakirby@sps.com](mailto:tamarakirby@sps.com)  
Website is [www.limestonehealth.com](http://www.limestonehealth.com)*

Limestone Health will offer medical assessment, counseling and daily doses of methadone to people addicted to heroin and other opioid-based drugs. They accept payment from Medicaid and private insurance. Individual and group therapy will be required for all patients receiving medication-assisted treatment. Patients will also receive support they need to access services to support them with other aspects of their lives.

## MILESTONES

*550 South Adams Street, Bloomington, IN 47403*

*Phone: (812) 333-6324*

<http://www.milestonesclinic.com/index.php>

*8a-6p M-F; closed Saturday & Sunday*

Milestones is a nonprofit, certified outpatient mental health clinic specializing in providing care to children and adolescents and individuals with disabilities of all ages. They provide a combination of behavioral and therapeutic approaches to address mental health needs and provide comprehensive emotional care for clients.

## NARCOTICS ANONYMOUS

*Phone: (812) 331-9767*

*Email: [webservant@naindiana.org](mailto:webservant@naindiana.org)*

<http://www.naindiana.org/meetings.php>

The best way to contact the Group Meetings is to go to them. At the Group Meeting you will be offered a meeting schedule and phone numbers to call when you need to talk with someone. The meeting Chairperson may also be helpful in answering questions or directing you to someone who can.

## PEER RUN RECOVERY CENTER

*817 West 1<sup>st</sup> Street, Bloomington, IN 47403*

*Phone: (812) 337-2435*

<https://centerstone.org/locations/indiana/facilities/centerstone-bloomington-peer-run-recovery>

*8a-5p M-F; closed Saturday & Sunday*

Peer Run Recovery Center is a low barrier center staffed by state-certified recovery specialists. Individuals can meet with recovery



coaches, seek referrals for treatment, attend support group meetings, life skills classes, and take advantage of the center's free services such as laundry room, bathroom (equipped with shower), and kitchen.

### RECOVERY ENGAGEMENT CENTER (REC)

*221 North Rogers Street, Bloomington, IN, 47404*

*Phone: (812) 337-2424*

*Hours: 9am-5pm M-F; closed Saturday and Sunday*

<https://centerstone.org/in/bloomington/centerstone-bloomington-recovery-engagement-center>

REC is a low barrier community center for adults over the age of 18 seeking recovery. As a hub for recovery resources in the community, the REC provides recovery classes, recovery coaching, 12 step meetings, computers with internet, a Friday community lunch, and special recovery events. No appointment necessary, and no expectation of a period of sobriety prior to utilizing services.

### RESTORATIVE SOLUTIONS

*1602 W 3<sup>rd</sup> Street, Suite D, Bloomington, IN 47404*

*Phone: (812) 337-0771; Text: (812) 353-6137*

*Email: [joni@restorativerecoverysolutions.com](mailto:joni@restorativerecoverysolutions.com)*

<https://restorativerecoverysolutions.com/home>

Outpatient programming provided includes evaluation and treatment recommendations for chemical addictions, treatment programming, family support programs, and training for community members. Chemical addictions treatment programs offered include intensive outpatient (extended and basic level), group counseling, substance abuse education/harm reduction program, aftercare/relapse prevention program and recovery support group.

## STUDENTS IN RECOVERY-BLOOMINGTON

1900 E 10<sup>TH</sup> Street. Bloomington, IN 47506

Phone: (812)855-4011

Email: [SIRB@indiana.edu](mailto:SIRB@indiana.edu)

<https://beinvolved.indiana.edu/organization/SIRB>

Weekly meetings available to unite Indiana University students in recovery on campus and create a supportive network. Email for more information about location and time of meetings and upcoming events.

## TRANSITIONS

Bloomington Transitions

411 W. 1<sup>st</sup> St, Bloomington, IN 47403

Office: 812-822-1395

Fax: 812-822-1436

Website: <https://www.bedfordtransitions.com/>

M-F 8a – 5p

Bedford Transitions

1212 I Street, Suite 2

Bedford, IN 47421

Office: 812-675-0902

Fax: 812-675-8251

Transitions provides outpatient medical care and counseling for addiction from opiates, heroin or prescription drugs.

## **INDIANAPOLIS AREA:**

### **FAIRBANKS HOSPITAL**

*8102 Clearvista Parkway, Indianapolis, IN 46256*

*Phone: (317)849-8222*

*<http://www.fairbanksd.org/>*

Adolescent programming available includes: inpatient programs (detox, rehab, residential treatment, and 12 step recovery groups), outpatient programs, Recovery High School, substance abuse education, recovery management during transition back into the community and tobacco cessation.

Adult programming available includes: inpatient programs (detox, rehab, residential treatment, and 12 step recovery groups), outpatient programs, supportive living, substance abuse education, recovery management, and tobacco cessation.

Services are also available for young adults aged 19-24 and gender specific residential programming for those with complex recovery issues.

### **LIFE RECOVERY CENTER**

*Indianapolis, IN*

*Phone: (317) 887-3290*

*<http://www.liferecoverycenterindiana.com/>*

Substance abuse services provided at the five Indianapolis locations for Life Recovery Center include: substance abuse assessments, group therapy (intensive outpatient, outpatient and aftercare/education levels), individual counseling, family counseling, peer recovery coaching, counseling support for suboxone patients, counseling support for Vivitrol and other medication assisted patients, Christian counseling for substance abuse, onsite urine drug screening and Breathalyzer testing,

women's addiction and trauma group, ongoing alumni support and employee assistance programs.

### OPTIONS BEHAVIORAL HEALTH

*5602 Caito Drive*

*Indianapolis, IN 46226*

*Local Phone: (866) 623-3713*

*Toll Free: (855) 665-2725*

<http://www.optionsbehavioralhealthsystem.com/>

Adolescent Inpatient Psychiatric Program is designed for young people ages 11-18 who have been engaging in substance abuse, have become addicted to alcohol or another drug and/or are experiencing certain co-occurring mental health disorders. A typical stay in this program is 3-21 days.

The Adult Acute Inpatient Treatment Program is designed for men and women ages 18-64 who are struggling with mental, behavioral, psychiatric disorders and/or co-occurring substance abuse issues. Persons who have been unable to wean themselves from their substances of abuse prior to entering treatment may spend 5-10 days in their medically monitored detox program, then transition into inpatient care. A typical stay in this program is 3-21 days.

### SALVATION ARMY HARBOR LIGHT

*2400 North Tibbs Avenue, Indianapolis, IN 46222*

*Phone: (317)972-1450*

<http://corps.salvationarmyindiana.org/harborlight/>

Residential sub-acute detox treatment, residential treatment, transitional housing and Intensive Outpatient Treatment services are available along with aftercare and relapse prevention skill-building.

## TARA TREATMENT CENTER

6231 South US 31, Franklin, IN 46131

Phone: 1(800) 387-9978

<http://www.taratreatmentcenter.org/>

Levels of care available include: detoxification, residential, partial hospitalization, transitional residential, outpatient (basic level, education and Intensive Outpatient), aftercare, substance abuse education, and family programming.

## VALLEY VISTA HEALTH SYSTEM

898 East Main Street, Greenwood, IN 46143

Phone: 1(800) 447-1348

<https://www.vallevistahospital.com/>

Services available for adolescents and adults include: acute inpatient, partial hospitalization, intensive outpatient, assessments, medical detoxification, opiate withdrawal symptom management, medical evaluations, individual and group therapy, education, introduction to community support programs, medication management, and discharge planning.

## THE WILLOW CENTER

515 North Green Street, Suite 402, Brownsburg, IN 46112

Phone: (317) 852-3690

<http://www.thewillowcenter.com/index.html>

*Administrative hours 9a-4p M-F; groups are offered during the daytime, evening and weekends*

The Willow Center offers a full continuum of outpatient services including: substance use disorder treatment, anger management, life coaching, individual and group counseling, couples and family counseling, substance abuse education, domestic violence education, acupuncture therapy, drug screening and professional assessments.

## **OTHER AREAS ACROSS THE STATE**

### **CENTERSTONE RECOVERY CENTER**

*Scott County, IN*

*Phone: 1(800) 344-8802*

Centerstone recovery Center is an 18 bed unlocked facility providing comprehensive, innovative, holistic, long-term recovery options in a beautiful country setting. Physicians, nurses, dietitians, therapists, recovery coaches and peer recovery specialists comprise the onsite staff. Program emphasis is on building skills for long term sobriety, employment readiness, improved relationships, parenting, emotion management and community integration. The length of stay is up to 30 days.

### **LIFE SPRING**

*Jeffersonville, IN*

*Integrated Treatment Center Phone: (812) 280-6606*

*Turning Point Center Phone: (812) 283-7116*

<http://www.lifespringhealthsystems.org/>

LifeSpring provides a comprehensive array of mental health and primary care services: education, prevention, information, assessment, intervention, and treatment.

At the Recovery Campus, the Integrated Treatment Center provides behavioral health and addiction services to men and women over the age of 18 in an outpatient setting.

At the Turning Point Center, services are provided for men and women experiencing mental illness or alcohol/drug related problems at a fully staffed residential facility open 24 hours a day. There is an additional physician supervised sub-acute unit for clients requiring stabilization. Admission by appointment only.

## STEPPING STONE

*Evansville, IN*

*Outpatient Services Phone: (812) 473-3144*

*Residential Services Phone: (812) 473-3104*

Stepping Stone provides a continuum of services for addictions and co-occurring mental illness in one location for residents of Indiana. Services offered include: social detoxification program, residential program, transitional residential program, Intensive Outpatient Program (IOP), outpatient specialty groups, individual and family therapy, physician visits, alumni services, and Community Reinforcement Approach and Family Training (CRAFT).

## **ADDITIONAL RESOURCES**

### **MENTAL HEALTH AMERICA (MHA)**

Mental Health America is the nation's leading community-based non-profit dedicated to addressing the needs of those living with mental illness and to promote the overall mental health of all Americans. Resources are available on their website to help locate resources and to learn more about mental health and prevention strategies.

<http://www.mentalhealthamerica.net/>

### **INDIANA PREVENTION RESOURCE CENTER (IPRC)**

The IPRC's primary target audience is the community of prevention professionals and volunteers, and government officials providing or monitoring delivery of prevention and treatment services to Indiana residents. They enable prevention and treatment professionals to deliver evidence based programs, policies and practices to the general public to ensure that Indiana's residents receive state of the art prevention technology.

<http://www.drugs.indiana.edu/>

### **RECOVERY WORKS**

Recovery Works focuses on pre-incarceration diversion services and post-incarceration re-entry services, which not only hopes to divert low-level offenders from incarceration to community services, but to reduce recidivism by 20%, as well. Promoting recovery through community support and treatment/intervention is critical in reducing the number of persons with mental health and addiction disorders entering our criminal justice system.

<https://www.in.gov/fssa/dmha/2940.htm>



**INDIANA RECOVERY ALLIANCE**

118 S. Rogers St., Ste.2, Bloomington, IN

Phone: (812)567-2337

*<http://indianarecoveryalliance.org/>*

Serves as a low barrier access point for referrals to community services for substance use and mental health, general health care and other basic needs while promoting any positive change.

**CENTER FOR HUMAN GROWTH**

201 N Rose Ave., Bloomington, IN

Phone: (812)856-8302

M-Th 12p-8p and F 12p-5p

*<https://education.indiana.edu/chg/index.html>*

Training counseling center staffed by graduate students in the Dept. of Counseling and Educational Psychology. Counseling and crisis services in English, Spanish and Mandarin.

## UPDATES/NOTES

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