





# MONROE COUNTY

\*SEE OTHER SIDE FOR CITY DETAIL



- BICYCLING SUITABILITY**
- Most Suitable Roads
- Moderately Suitable Roads
- Less Suitable Roads
- Karst Farm Greenway  
» to be completed Autumn 2014
- Trails
- City Limits
- Bicycle Shops
- Parks



## NOTES

This map is intended to provide information to help you get out and ride your bicycle in Monroe County. Whether commuting to work or school, going shopping or to the park, or just riding for fun, bicycling is a great way to get around and to experience Monroe County.

This map is for illustrative purposes only and the features depicted on it are approximate. Roads on this map were categorized using road width, traffic volume, traffic speed, and community input to approximate bicycling suitability. The categorizations are intended to help you get around, but do not represent a declaration of safety of any particular road and neither the County nor the City of Bloomington in no way warrant the safety of the roadways. Please ride the roads and trails in Monroe County and the City of Bloomington at your own risk. Note that some sections of roads in Monroe County and the City of Bloomington are narrow, winding and steep with limited sight distances, and have high seasonal traffic volumes. Consider your bike handling skills, riding experience, the weather, and road conditions when deciding when and where to ride.



**BE SEEN:** Motorists may not expect bicyclists on the roadway, and faster speeds are common on many county roads. Pause in high-visibility places to have a snack, check your bike, or take a rest. Hillcrests and blind corners are plentiful in the county, and a better place to stop is usually just down the road. When riding in low light, use reflectors and lights to stand out to motorists.

**STICK TO THE SIDE:** Ride close to the side of the road where possible, but beware of uneven shoulders, drainage grates, and debris. Ride' single file to allow faster traffic to pass safely.

**TUNE IN:** County riding will bring you to beautiful places. Stay alert to your surroundings. Use rear-view mirrors and shoulder checks to be aware of vehicles approaching from behind. Look ahead for oncoming motorists, and don't use headphones or cell phones while on your bike.

**HILLS AROUND:** The rolling county hills can be rewarding to conquer and a blast to cruise down. To stay safe, be alert to road conditions and approaching cars, especially entering curves. Maintaining a center of gravity towards the rear of the bike can help you maintain control while going downhill.

**KNOW THE RULES OF THE ROAD:** Bicyclists need to follow the same laws as motorists. Never ride against traffic, obey road signs, and signal your turns. When riding in a group, communicate with your fellow riders to stay safe, avoid collisions, and make each other aware of road and traffic conditions.



For your personal safety, wearing a helmet while bicycling is the most effective way to protect your brain if you're in a crash. Make sure your helmet fits properly. Wearing a helmet improperly is the same as not wearing a helmet at all.

### HOW TO FIT A HELMET

- » Place the helmet on your head without fastening the straps
- » There should be a two fingers width between your eyebrows and helmet
- » There should be little movement when you shake your head from side to side
- » The side straps should come to a point just below your ears forming a "Y" shape
- » When your mouth is closed, there should be about half an inch between the chin strap and your chin



What should you do when being chased by a dog? You don't need to worry about dogs that stay on their property, only worry when they come onto the road. If they do come onto the road, here are a few actions you can take in order keep both yourself and Fido safe. Keep in mind what works in one situation, may not work in another. Many times dogs will retreat if you simply shout a firm "No!" or "Go Home!" These phrases are heard often enough to cause the dog to stop and remind him that you are human—not a scary extraterrestrial invading its territory. You might also spray it with your water bottle.

nothing COMPARES to the SIMPLE PLEASURE of a BIKE RIDE  
— John F. Kennedy

