

# The 40 Development Assets™ that YSB's Programs Enhance

External Assets	Do we enhance this?
 <b>Support</b>	
<b>Family Support-</b> Family life provides high levels of love and support.	
<b>Positive Family Communication-</b> Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents.	Yes, we do that!
<b>Other Adult Relationships-</b> Young person receives support from three or more nonparent adults.	Yes, we do that!
<b>Caring Neighborhood-</b> Young person experiences caring neighbors.	
<b>Caring School Climate-</b> School provides a caring, encouraging environment.	
<b>Parent Involvement in Schooling-</b> Parent(s) are actively involved in helping the child succeed in school.	
 <b>Empowerment</b>	
<b>Community Values Youth-</b> Young person perceives that adults in the community value youth.	
<b>Youth as Resources-</b> Young people are given useful roles in the community.	Yes, we do that!
<b>Service to Others-</b> Young person serves in the community one hour or more per week.	Yes, we do that!
<b>Safety-</b> Young person feels safe at home, school, and in the neighborhood.	Yes, we do that!
 <b>Boundaries</b>	
<b>School Boundaries-</b> School provides clear rules and consequences.	
<b>Neighborhood Boundaries-</b> Neighbors take responsibility for monitoring young people's behavior.	
<b>Family Boundaries-</b> Family has clear rules and consequences and monitors the young person's whereabouts.	
<b>Adult Role Models-</b> Parent(s) and other adults model positive, responsible behavior.	Yes, we do that!
<b>Positive Peer Influence-</b> Young person's best friends model responsible behavior.	Yes, we do that!
<b>High Expectations-</b> Both parent(s) and teachers encourage the young person to do well.	Yes, we do that!
 <b>Constructive Use of Time</b>	
<b>Creative Activities-</b> Young person spends three or more hours per week in lessons or practice in music, theater, or other arts.	Yes, we do that!
<b>Youth Programs-</b> Young person spends three or more hours per week in sports, clubs, or	Yes, we do that!
<b>Religious Community-</b> Young person spends one hour or more per week in activities in a religious institution.	
<b>Time at Home-</b> Young person is out with friends "with nothing special to do" two or fewer nights per week.	
<b>Internal Assets</b>	
 <b>Commitment to Learning</b>	
<b>Achievement Motivation-</b> Young person is motivated to do well in school.	Yes, we do that!
<b>School Engagement-</b> Young person is actively engaged in learning.	Yes, we do that!
<b>Homework-</b> Young person reports doing at least one hour of homework every school day.	Yes, we do that!
<b>Bonding to School-</b> Young person cares about her or his school.	Yes, we do that!
<b>Reading for Pleasure-</b> Young person reads for pleasure three or more hours per week.	Yes, we do that!
 <b>Positive Values</b>	
<b>Caring-</b> Young person places high value on helping other people.	Yes, we do that!
<b>Equality and Social Justice-</b> Young person places high value on promoting equality and reducing hunger and poverty.	Yes, we do that!

Integrity- Young person acts on convictions and stands up for her or his beliefs.	Yes, we do that!
<b>Honesty</b> - Young person "tells the truth even when it is not easy."	Yes, we do that!
<b>Responsibility</b> - Young person accepts and takes personal responsibility.	Yes, we do that!
<b>Restraint</b> - Young person believes it is important not to be sexually active or to use alcohol or other drugs.	Yes, we do that!
 <b>Social Competencies</b>	
<b>Planning and Decision Making</b> - Young person knows how to plan ahead and make choices.	Yes, we do that!
<b>Interpersonal Competence</b> - Young person has empathy, sensitivity, and friendship skills.	Yes, we do that!
<b>Cultural Competence</b> - Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.	Yes, we do that!
<b>Resistance Skills</b> - Young person can resist negative peer pressure and dangerous situations.	
<b>Peaceful Conflict Resolution</b> - Young person seeks to resolve conflict nonviolently.	Yes, we do that!
 <b>Positive Identity</b>	
<b>Personal Power</b> - Young person feels he or she has control over "things that happen to me."	
<b>Self-Esteem</b> - Young person reports having a high self-esteem.	Yes, we do that!
<b>Sense of Purpose</b> - Young person reports that "my life has a purpose."	Yes, we do that!
<b>Positive View of Personal Future</b> - Young person is optimistic about her or his personal future.	Yes, we do that!