**Monroe County Community Health Improvement Plan (CHIP)**

**Substance Use and Mental Health main meeting**

**Date**: 5.24.23

**Time**: 12-1p

**Location**: IU Health Community Health and Microsoft Teams

**Facilitator**: Melanie Vehslage

**Notes**: Melanie Vehslage and Amy Meek

**Present online:** Jordan McIntire – New Leaf New Life (NLNL) , Maggie Hutt – MCPL Libraries, Mary Morgan – Heading Home, Maddie Davies – IU Health Intern, Shaylee Truelove – IU Health Intern, Amber Stewart – Community EMT (C-EMT) with Mobile Integrated Health (MIH), Alyson Grider – Limelight Recovery and harm reduction therapy, Ashley Collins – Comprehensive Opioid Recovery Center (CORC) Grant, Kathy Hewett – Monroe County Health Department (MCHD), Lindsay Potts – IU Health, Mallory Swanson – Social Worker with Bloomington Police Department

**Present in person:** Melanie Vehslage – MCHD, Amy Meek – IU Health Community Health, Lori Terrell – Family Vitality Initiative, Steve Coover – Monroe Fire Protection District, Meredith Short – IU Health Positive Link, Trisha Rademachir C-EMT w/MIH , Shelby Wood C-EMT w/MIH, Lily Blackwell C-EMT w/MIH

* **Introductions**
* **Review Action items**
* **Subcommittee Report outs**
  + **Connections (Melanie)**
    - Participants have started working on interviews of both people who have used substances and from a variety of recovery pathways, friends/family members, as well as professionals working in recovery services in Monroe County
    - Will continue interviewing, adding notes and move towards mapping of our recovery system in Monroe to identify some targeted projects.
    - If you’re not able to attend meetings, we would welcome your participation outside of the meeting time, as an interviewee, and as a person to review the map in the future
* Share out from attendees
  + Steve at Monroe Fire Protection District:
    - Need: Estimated number of how many gun locks and med takeback bags you need as a provider in the community
    - There is high demand for both, speaks to not having permanent takeback in the community.
    - Volume is a key issue – need to know how many to be in the MFPD cache based on realistic needs in the community
    - What do folks in the room need regarding takeback and gun safety for their services?
      * Clinics could possibly distribute but couldn’t take back envelopes
      * Pain prescribers
      * Pediatrics
      * IU Health Community Health
      * Other?
    - Reminder that but the program itself is through the VA, and has specific location types that these materials are to be distributed through
      * To Do: Steve and Amy talk about how to utilize IU Health during outreach, families and for provider locations
  + [Mobile Integrated Health](https://bloomington.in.gov/news/2022/12/13/5431) through Bloomington Fire – In first month all staff became Community Mental Health Workers as required by the state. MIH is officially accepting new clients; also able to connect with BPD social workers in the field.
  + [Limelight Recovery](https://limelightrecovery.com/) (Alyson Grider) – See attached flyer for Power Over Addiction meeting. This harm reduction substance use therapy group meets virtually on Mondays and Wednesdays. Focuses on talking about values, relating relationship to substances from abstinence to other stages as well. Limelight provides online virtual therapy and takes all 4 HIP insurances. Visit limelightrecovery.com to request consult. Please share about these services!
  + Ashley Collins: OTP (Opioid Treatment Programs) is another name for methadone clinics. State is putting on FREE OTP symposiums across the state this summer.
    - OTP Symposium in Bloomington August 8th at the Convention Center. Register [here](https://web.cvent.com/event/2ee0f23c-4e94-4587-bf50-6bc1baa31697/summary).
    - Will have panels and small group discussions based on topic areas. You will select group discussions to participate when you sign up
      * Tip: Don’t pick the same topic for each session, you will have same conversation just with different people
      * Tony Toomer (state SOTA) wants to take info from those conversations to guide practice and legislation based on what is discussed by folks in the field.
    - Please get the word out even if you can’t attend.
    - [Ashley.collins@centerstone.org](mailto:Ashley.collins@centerstone.org)
  + [New Leaf New Life](https://newleafnewlife.org/) (Jordan) – Has funding from Heading Home, Downtown Outreach grant through Bloomington and expect support from Jack Hopkins grant to help folks with fees for transitional housing (Ex. deposit, application fees etc.) for folks leaving incarceration.
    - This support is specific to folks incarcerated, hopefully able to get the process started before the person leaves jail.
    - Have helped 69 people so far with these funds with recidivism among only 4.
    - Working to ensure low barrier warm handoff.
    - [jordanlmcintire@gmail.com](mailto:jordanlmcintire@gmail.com)
  + Kathy Hewett: [Suicide and Overdose Fatality Review (SOFR)](https://www.in.gov/health/frp/fatality-review/overdose-fatality-review/) meeting first met in May, next coming up soon for June.
    - This process looks at what happened and what can be done in the community to prevent future deaths by suicide and/or overdose.
    - Would like to share recommendations that the SUMH could work on as projects to prevent overdose and suicide fatality in the future.
    - Reach out to Kathy and Ashley if interested in projects or have recommendations.
    - Already talking about developing a Suicide response team, how to respond to family to ensure they are provided resources and getting connected with crisis resources. Another recommendation was making sure that providers have the tools for referrals for what to do when folks are screened as high risk in a clinic setting
* Maggie @ MCPL – No updates, but if anyone wants to reach out to her with programs or contact information to share, she can make sure it is somewhere at MCPL for staff internally to know about resources. MCPL staff can’t make medical referrals but can give numbers for community resources
  + [mhutt@mcpl.info](mailto:mhutt@mcpl.info)
* Mary Morgan: Was contacted for someone representing a Recovery Café.
  + There is a [café in Indy](https://www.recoverycafeindy.org/) as well as other places in the state.
  + Heading Home works with more permanent housing, but would like to connect the Recovery Café folks with people who do recovery work in the community
  + Mary is meeting this afternoon with Frank Young from [BOCA](https://bocarecoverycenter.com/location/bloomington-drug-rehab/?utm_source=google&utm_medium=cpc&utm_campaign=Boca%20Recovery%20Center%20-%20Brand&utm_content=Brand%20-%20Indiana&utm_ad=639301848649&utm_term=boca%20recovery%20bloomington&matchtype=p&device=c&GeoLoc=9016568&placement=&network=g&campaign_id=13001850376&adset_id=142853047166&ad_id=639301848649&kwd=boca%20recovery%20bloomington&matchtype=p&network=g&device=c&gclid=Cj0KCQjw4NujBhC5ARIsAF4Iv6cDj48OyVuc6fIWSFKBx1ih_cG4dp-OuaTmbwbExXYOEtMC_EvDBPQaAhmhEALw_wcB)
  + To Do: Mary, Lori, Ashley (and others interested) will connect Indianapolis Recovery Café with local providers in Monroe
* Amy Meek – had Mental Health First Aid training at Community Health recently through Prevention Insights (PI)
  + If you/your agency is interested reach out to them (more info and [contact info here](https://prevention.iu.edu/projects/mental-health.php))
  + Can also reach out to [previnsights@iu.edu](mailto:previnsights@iu.edu)
  + PI would like a group of 20-30 for an 8 hour course .
* Lindsay Potts – no updates, she will be transitioning away from IU Health and will be working with DMHA systems transformation. Would like to stay in contact in different capacity. Amy Meek can cascade information to Lindsay as needed. Her last day with IU Health is June 9th.
  + [lmpotts@iu.edu](mailto:lmpotts@iu.edu)
* Melanie Vehslage:
  + Substance Use Disorder Advisory Commission (SUDAC) will be hosting a ‘Bring your Lunch and learn’ on August 4th at Noon – presenter is Indiana Judges and Lawyers Assistance Program (JLAP) and will be both on zoom and at IU Mauer School of Law in the DeLaney Moot Courtroom #123. There will be CLEs available for attorneys who need credits.
  + [SUDAC meets the third Friday of the month at Noon in Nat U Hill room](https://www.co.monroe.in.us/department/board.php?structureid=50) (and on Zoom), is open to the public and is recorded if you want to see what is discussed or if you’d like to attend/share as a member of the public.
    - Last week we had the GIS Coordinator talk about developing an internal and public facing dashboard about overdose and developing a storyboard about overdose in the community.
    - Last month the coroner came to share about some of the trends in data that she is seeing – lots of important information being brought up.
  + MCHD has a job opening for a [Harm Reduction Community Health Specialist](https://www.co.monroe.in.us/egov/documents/1681996084_75419.pdf) – Full time with benefits
  + MCHD participated in writing with the Poverty and Navigating Health and Social Services CHIP group on the IU Community Impact grant to request health navigators – if awarded will be something to keep in mind for folks navigating the SUMH network
  + Question to the group about if folks are familiar with xylazine – at 5/16 Board of Public Safety Meeting ([at minute 4:45](https://catstv.net/government.php?issearch=yes&webquery=&minyear=2022&minmonth=05&maxyear=2023&maxmonth=05&meeterid=category-B)) they say that Narcan is being less effective, taking more doses to revive people, so I’m wondering if non-opioid adulterants are in the drug supply (like xylazine)
    - People in the room are aware of xylazine
    - Overdose Lifeline (where you can order fentanyl test strips) is working to order xylazine test strips
    - Indiana Recovery Alliance has both xylazine and fentanyl test strips, MCHD has fentanyl test strips
    - Vending machine in jail is not an option for distributing the testing strips due to funding source, but fentanyl test strips can be put in the naloxboxes - there is a naloxbox at the Stride Center just down the street.
  + Steve is working on low acuity calls and integrating the crisis response team with Centerstone. Monroe Fire staff are going to get training on the referral form to expedite the referral process.
    - For folks not aware of the [rapid response team](https://centerstone.org/programs/centerstone-rapid-response/) is responding to folks actively suicidal, have suicidal ideation (SI) but not at immediate risk. One of the training sessions available is [RELATE](https://centerstone.org/wp-content/uploads/FINAL_research_RELATE_71234_gatekeeperGuide_8.5x11in.pdf) through Centerstone
* Q: When is the Opioid Summit?
  + A: To be determined, but hopefully 2024 – will be working on this at SUDAC meetings, but Melanie/Kathy will update the SUMH group once there is anything more solidified.
* Anything to change for next meeting? – none noted
* Wrap up – thanks for attending!