March 6, 2023

1:30 pm on Zoom

1. Welcome & Introductions (please put your name and email in the chat) (Annie)
   1. Agreements
      1. Respectful
      2. Ask with curiosity
2. Brief introductions and summary of today’s meeting (Rachael)
3. Breakout rooms
   1. Within groups
      1. Fill out [table](https://www.co.monroe.in.us/egov/documents/1656002227_94019.pdf)
      2. Funding sources
4. Come back as group to share out and give opportunity to comment (Stephanie)
5. Next steps
6. Next meeting on Zoom

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| **Opportunity**  control & knowledge - do it | **Strategies** | **Who Can Help?**  Me / Who is Missing? | **Next Steps** | **Gaps** |
| Navigators / Better System for Helping Residents | Need to identify organizations already providing service  Need to create framework, make sure information in FindHelp.org is current and how we can help update  May need someone with responsibility to communicate with all organizations to help update information; would require permission to access info  Need to discuss how 211 and FindHelp.org fit in  Want place residents can go to get access to resources (e.g., Georgetown model for funding)  Identify locations residents can access info (e.g. Indiana Recovery Alliance, Stride Center, HealthNet  May need to encourage people to call 988 instead of 211 for mental health | HealthNet  IRA  SCCAP  All nonprofits  211  FindHelp.org  START at IU  Community and Family Resources (Michelle/Aubrey) | Tonda to forward recommendations from Community and Family Resources  Talk to someone at City Community and Family Resources about updates (Kamala will talk to Michelle/Aubrey)  Ask for brief history of 211 and FindHelp.org to understand relationships (Melanie) | Transportation – need to help people get to resources  A lot of people don’t speak English – won’t go if they can’t communicate  People’s schedules limit access to services  More navigators – have some navigators at HealthNet, Community Kitchen, Hub, Helping BloomingtonMonroe  Case work/management – those who provide are overwhelmed and there is a lot of turnover |
| Better Education About Resources | Need hub for education needed re: diet, health eating on budget, exercise, stress reduction, substance use, sleep, social interaction, healthy lifestyle (e.g. library, Banneker Center)  Need to determine how information can be provided outside doctor’s office |  | Ask other HealthNet staff (clinic manager) to come to next meeting  Reach out to Mother Hubbard’s Cupboard and Community Kitchen about their efforts (Annie) | Availability of healthcare providers  Communications for warm hand off between providers  Awareness of resources available  Information hub for preventative care information |